

The Beauty Of Natural Form

Having recently read an article on plastic surgery, discussing the female quest for a higher beauty level, I was led to reconsider my thoughts on what I deemed as natural, feminine and normal. According to scientists and scholars worldwide, the contemporary entertainment industry has dramatically altered the way women regard themselves and their bodily characteristics. Western media, in particular, have promoted the human image that appears to be the cultural accepted principle. In fact, even the basic human body characteristics that for centuries have distinguished women from men, like the different genitalia forms, have drawn the attention of plastic surgeons who attempt with their offered procedures to cover women's needs to resemble a media promoted image. But how come and a specific set of bodily characteristics have become the general rule upon which women base their thinking of what is normal, beautiful or feminine? The answer is twofold. First, there are those who are mostly responsible for the distribution of this "perfect" icon as being the only accepted facial or body image. Fashion, cosmetic and entertainment industries have during the last centuries ruled the ground upon which people accept or reject the human form. Being tall, thin, luminous, clean, neat, or elegant, are examples of the cultural norms that people feel comfortable accepting as the ideal female image. Perhaps the very fact that most of these characteristics are unattainable for most women has made them become so popular among the masses. Striving to conquer this perfection world has been translated today as the only way for someone to become happy and feel complete or successful. All those women, who have not yet understood the importance of physical perfection or have not tried hard enough to accomplish such a goal, are cached away from society that translates their different form as an abnormality and them as a human failure. As they are doomed to live in this fabricated world of perfection, more and more women today sought out those procedures that can help them regain their self-respect and improve their self-esteem. By selecting the general form of a celebrity, or the specific characteristics of model's faces and bodies, desperate women enter the plastic surgeons offices all around the world asking to look more like them. Second, there is society itself. Industry leaders, who are mostly accused of fabricating this feminine perfection image, come from a society that has cultivated its own thinking based on cultural, religious or historical ideals of what should or should not be considered normal, beautiful or feminine. These cultures are constituted by us, people. We are part of what the world believes, about ourselves, and our beliefs go back to the world to determine its future. Whether or not we are happy with the way we look in the mirror is something we should understand that depends more on our own thinking than the glossy magazine pages. It is us who we should blame for fabricating our normal form; to the extent to which this fake form is now the general accepted rule and our horrifying reality.

About the Author

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