

Effects of Enzymatic Malfunction Due to Unauthorized Slimming Pills

A British doctor has been struck off for >selling diet pills illegally through his private clinic. The General Medical Council, who regulate doctors in the UK, heard that Dr. Bharat Berry sold unlicensed slimming pills at a slimming clinic.

Dr Bharat, 55, charged patients Â£10 per visit and offered unlicensed slimming pills that contained amphetamines, which left users suffering from insomnia and 'buzzing.'

He also left staff to run the clinic while he was out playing tennis and asked his secretary, Christine Ford, to sign repeat prescriptions as he claimed he was unable to write his name properly after a sporting accident. The doctor ran his slimming clinic out of hours from an NHS surgery.

At the moment, there are only two slimming pills which have been authorised by the European Medicines Agency for sale in the UK. They are Reductil, which contains the active ingredient sibutramine, and Xenical, which contains [Orlistat](#). Both are only available with a doctor's prescription, though this year a low-dose version of orlistat named Alli went on sale over-the-counter in pharmacies.

Reductil reduces appetite and Xenical works to reduce the amount of fat absorbed into the body from food, by blocking an enzyme in the gut. Orlistat and Sibutramine are meant only to be prescribed to patients with a body mass index putting them in the dangerously overweight or obese category.

In the hearing the GMC heard that Dr. Bharat offered diet pills to "young girls, skinny girls and dancers' who wanted to lose weight. Aside from the fact that the pills were not legal, this is a total breach of the GMC's attitude towards the sales of weight-loss medication.

The case is interesting in that the general trend towards illegal diet medication is that it is usually sold online by unlicensed individuals. Recently a host of websites were shut down, which claimed they were selling genuine Xenical, when in fact it was counterfeit.

It is also surprising that a UK doctor was so underhand as to sell unlicensed medication, when any doctor knows that without clinical trials a drug could induce any number of short and long-term side effects in patients.

The sales of the diet pills was not the doctor's only offence; it also came out that he offered a former employee's son, who was aged 18 years old, Â£200 to take the blame after he was caught speeding.

After he was found guilty, he was told that it was only good fortune that had prevented any of his patients from becoming seriously ill or suffering side effects from the drugs he gave them. Dr. Bharat denied misconduct, though he admitted a series of charges relating to his clinic.

About the Author

Glean Richard is an Expert of weight loss. He writes this article to show that how can you use Xenical or Reductil. For more information on slimming pills he recommends you to visit <http://www.theonlineclinic.co.uk/>.

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