

## Xenical potential side effects

### About Xenical

Xenical is one of the most prescribed weight loss drugs in modern society where obesity is growing as an epidemic. Xenical inhibits the absorption of dietary fat by up to 30% and thereby reduce calorie intake and help a person to gradually lose weight. However, Xenical is no "magic pill". Xenical will help you lose weight only when you use it in conjunction with physician supervised reduced calorie diet and exercise.

### Xenical Side Effects

According to medical experts, Xenical should only be administered by patients who are suffering with obesity. In relation, it is only advised as a last resort for those who have repeatedly tried, but failed to achieve significant weight loss through normal means. Xenical is a prescription drug, and like all other medicines, it is subject to a number of side effects.

Before we discuss further, please rest assured that [Xenical](#) is a safe and effective drug which has undergone several clinical trials and has been approved by the FDA as a prescription only weight loss drug. Most of the Xenical side effects are mild to moderate and are not likely to affect everybody. Xenical works only in your digestive system and most of its side effects are because of the inhibition of fat absorption. The intensity of Xenical side effects is way less serious than those notice in many other slimming pills that affect the brain to suppresses your appetite.

Furthermore, the majority of minor side effects will occur within the first three months of Xenical treatment. In most patients, the side effects are alleviated within one to four weeks of treatment. However, in some patients the side effects may last for about six months or longer.

### Minor side effects of Xenical

The majority of Xenical side effects is thought to be minor in nature, and will ordinarily reside with treatment on their own. Minor side effects are usually related to the digestive system as this is where Xenical works.

Some of the commonly reported minor side effects of Xenical are -

- Abdominal pain or discomfort
- Oily spotting or unrestrained anal oil seepage
- Flatulence with a small amount of oil or stool discharge
- Fecal urgency with an uncontrolled need to have a bowel movement
- Fatty or oily stool
- Oily excretion, without any stool
- Increased frequency of bowel movements
- Fecal incontinence where you have uncontrolled, spontaneous bowel movements
- Nausea

Most of the above side effects can be avoided by a taking physician supervised low-fat diet. Due to the fact Xenical decreases the absorption of fat, more of it remains in the digestive tract, causing a number of embarrassing side effects. Clinical trials have shown that the intensity of side effects increases when you take more fatty food. Thus Xenical also works as a deterrent and forces you to go on a reduced calorie diet which ultimately helps you to reduce weight in the long run. As you continue to take Xenical, you will gradually be able to understand which food items cause you more side effects so that you may avoid them. Further, studies have shown that side effects are greatly reduced with time as your body gets adjusted to the drug.

Other commonly reported minor side effects of Xenical Orlistat include -

- Flu
- Respiratory tract infection like common cold
- Headaches
- Back pain
- Fatigue

Menstrual irregularity

Anxiety

Ear infection

### **Major side effects of Xenical**

There are some potentially serious, although less frequent occurring side effects with Xenical. Medical experts have warned that patients should immediately report any side effects to their doctor, before continuing with treatment.

Kidney stones - Patients with a history of oxalate kidney stones, taking Xenical obesity treatment may develop increased levels of oxalate in the urine thereby increasing the risk of kidney stones

Severe stomach pain

Gallbladder disease (or worsening of pre-existing gallbladder disease)

Signs of an allergic reaction, including:

Unexplained rash

Hives

Itching

Unexplained swelling

Wheezing

Difficulty breathing or swallowing

Some patients may also experience Xenical side effects, which are not listed in this article. Please discuss with your doctor if any of the side effects become unusual or bothersome. Discuss with the doctor before you get Xenical online

### **About the Author**

Webmaster associated with online pharmacy [online-clinic.co.uk](http://online-clinic.co.uk) provides various information on xenical and helps people in curing obesity treatment, so get complete information on obesity treatment and xenical, resources about [slimming pills](#) xenical online are available on site [online-clinic.co.uk](http://online-clinic.co.uk)

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