

## Facts about Women Reproductive System

The science of women reproductive system is very complex to understand. In this article we will discuss in general about the women reproductive system, menstruation and orgasm. First of all we will discuss why do girls have menstruation?

Menstruation or periods is the discharge of blood and tissue from the uterus, which has been built up in anticipation of implantation of a fertilized egg. It is made by the nature for reproduction. Through this method the uterus is made prepared each month for pregnancy. If conception does not happen and the egg is not fertilized, this lining breaks down and together with a small amount of blood, it shed the menstrual period.

The blood that comes out of vagina does not indicate that anything is wrong. A girl begins to menstruate when she begins puberty. This can be between the age of 9 and 18. The average age is about 13. The number of days between each menstruation is governed by the production of hormones and this varies from person to person. Very few girls have completely regular periods. Irregular periods are inconvenient but it is not abnormal and during this period many girls and women feel discomfort, tension and irritability.

Now let's discuss what is clitoris and where is it located. Clitoris is the most sensitive part of the woman genitals. Girls are generally less aware of their reproductive organs than boy because their external organs are smaller and less obvious. Clitoris is full of nerve endings. When stimulated it becomes stiff like an erect male reproductive organ. Stimulating it helps many women to have an orgasm.

But what exactly is the orgasm? It is the peak or climax of sexual excitement and pleasure during which ejaculation of semen occurs in the man and vicinal contraction in the woman. The peak period lasts less than a minute for most man and woman. To have an orgasm you have to be rubbed and stimulated until the feeling of pleasure and sexual tension becomes very strong. At orgasm this tension is suddenly released.

There is a common question that comes in the mind of most of the girls that can they make their breasts grow bigger? The truth is there is nothing one can do to speed the growth of breasts. If anyone tries to sell you enlargement creams or supplements to increase breast size then he is just making the false promises. Exercises are also of no use either since there are no muscles in the breast tissue.

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### About the Author

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