

## ECA Complications/ Side Effects Help

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**Excerpt:** Need Help - Second time doing and ECA Stack. Coming close to the end of two weeks. Last night I started getting the worst abdominal pains - Threw Up and have proceeded to have chronic diarrhea since Diarrhea has not stop. Along with that I am running a low grade fever, body aches, dizzy when I get off the couch, and I have lost six po...

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I don't like those symptoms: diarrhea, fever and vomiting...I would go to the doctor if I were you. It's better to be safe than sorry. I hope you feel better. I've used eca - ephedrine - caffeine - aspirin for over a year on and off. I've never had any symptoms.

## About the Author

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