

A Healthier Dog Diet-Changing Away From Commercial Dog Food

Unless you have been living in space for the past decades, you should know that it is not difficult to find artificial coloring, artificial flavorings, and sweeteners ingredients listed in most of the package food that we human beings eat today. If you happen to take a good look at your dog food label, it should not come as a surprise to you that these artificial ingredients could be found there too. These ingredients are certainly not good for our dogs, if not they in fact cause more harm, because dogs have shorter digestive systems, designed to digest natural meats and fats. According to many researchers, the best diet for dogs is in fact a raw diet with as much organic dog food. On the other hand, no matter how beneficial the raw or organic diet might be for your dogs, it is also much difficult for dog owners to prepare them as most people have a busier schedule nowadays. There are still many commercially prepared dog foods that would be suitable for your dog. If you are one of those that can afford the spare time to prepare and feed your dog, I would recommend that you do more research on managing your dog's diet and not feed him what you feel like feeding. Because dogs cannot talk and don't know what food are healthy for them, it's entirely the responsibility of the dog owners to maintain their dog's health. Before you rush into changing your dog's diet, do understand that it is up to the individual dog owner to decide what's best for their dog. Expensive food does not always equate to better or healthier food. Take for example, exotic ingredients, such as buffalo, might reduce the possibility of food allergy reactions, but they are also potentially less subject to the inspection regulations that go with more ordinary ingredients such as beef, lamb, or even salmon. Do know that your dog is not a strict meat eater. Their ancestors do consume vegetable matter found in the stomach of their preys. The most important part before you went on to change your dog's diet is to consult a canine dietitian, whenever possible. It is because your veterinarian might be valuable in terms of managing your dog's health and physical needs, he might lack the knowledge when it comes to managing and changing your dog's diet totally.

About the Author

Weight loss, diets, and dieting. Evidence based weight loss programs, diet plans, exercise.

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