

Cancer and Diet

The issue of cancer and diet is paramount to your health. Without feeding the body the ingredients it needs, it simply cannot produce the processes that combat the cancer. Firstly, when looking at nutrition for cancer, we need to understand the role of pancreatic enzymes. These enzymes, including trypsin & chymotrypsin, play a major role in halting the formation of tumours. Unfortunately these enzymes also play a part in digesting animal proteins, so if our diets are too high in animal protein, then our supply of pancreatic enzymes is tied up in digestion and not available for halting tumours. Secondly, we need to understand the role of B17 (hydrocyanic acid) in our diets and specifically its interaction with cancer. B17 interacts with the very large amounts of beta-glucosidase in cancer cells to produce hydrogen cyanide and benzaldehyde. These two poisons combine into an extremely deadly poison that targets cancer cells. The reason that it doesn't target healthy cells is that although they have small quantities of beta-glucosidase, they also contain rodonase, a substance that cancer cells do not have, that breaks the poison down into compounds that actually assist the bodies immune system! Clever, hey! So we start to see the crucial relationship between cancer and diet! At this point it is interesting to note that one of the most concentrated sources of natural B17 is apricot kernels - that is the kernel INSIDE the apricot seed itself. However it is our understanding that the sale of apricot kernels is illegal in some countries, including ours. Consequently if you are lucky enough to get your hands on a large supply, it will be by word of mouth connections. However if you are prepared to ask friends to eat a lot of apricots or go on a mission to make frozen or bottled apricots, or maybe apricot jam, there is no law to our knowledge that says you can't eat them. The recommended dosage for people with cancer is up to 60 a day, but starting with 2 per meal and adding one per meal daily to ensure there is no intolerance. Side note: Apparently the bureaucratic argument for making sale of them illegal is that they will poison you as they are a cyanide compound, (hydrocyanic acid) and produce another cyanide, (hydrogen cyanide) but they fail to follow through and tell us that the hydrogen cyanide then combines with the rodonase to make compounds that actually boost the immune system. Following this logic I have to wonder why then that Vitamin B12 (cyanocobalamin!) has not been banned. You may be aware they feed B12 to anemia patients! So, we can address a diet for cancer from specific angles. Firstly by adding whatever natural sources we can find that contain B17, secondly by reducing (not cutting out!) animal protein intake, and thirdly by adding nutrients to our diets in their most easily & effectively absorbed forms ie in foods. The bottom line is our body is at our mercy and what we put in to it can either help or hinder its ability to help us. The beauty of becoming aware of the interaction of cancer and diet is that it is something we can do for ourselves, thereby empowering us in the fight against this horrid invader!

About the Author

A diabetes meal plan is a guide that tells you how much and what kinds of food you can choose to eat at meals and snack times. A good meal plan should.

Source: <http://productsherbal.com>