

## Acupressure Schools

Find Acupressure Schools in the United States and Canada. Acupressure schools teach an ancient healing therapy that was developed in Asia over 5,000 years ago. Teaching students how to utilize the fingers to depress key locations on the skin's surface to promote natural healing, acupressure schools instruct in similar practices of acupuncture; as acupressure facilitates the same reference points on the body that release muscular stress; thus encouraging better blood circulation. Acupressure schools teach students the benefits of acupressure, and how it can relieve pain and bring the body back into harmonious balance. Acupressure's healing ability promotes stress reduction, improves circulation, relaxes the body and strengthens the immune system. Acupressure schools also demonstrate how this healing art can effectively be used to alleviate acute and chronic conditions such as arthritis, headaches, spinal-muscular pain, and sinus complications. Taught as a preventative therapy, students of acupressure schools learn that acupressure is an excellent alternative healing education for overall well-being -- mind, body and spirit. Two techniques commonly taught in acupressure schools are "Shiatsu," and "Jin Shin." Shiatsu acupressure, the most widely used therapy, is notated for its vigorous and firm pressure application; while, the Jin Shin acupressure technique is a more gentle form -- whereby points are softly held for a moment or two. In addition to providing typical acupressure sessions for clients, students of acupressure schools are instructed how to develop their entrepreneurial skills to promote their individual practices. If you or someone you know is seeking an alternative education, we have a selection of acupressure schools from which to choose -- here, at Holistic Junction. Find your dream job! Let education within fast-growing industries like massage therapy, cosmetology, acupuncture, oriental medicine, Reiki, and others get you started!

## About the Author

A fact sheet that discusses research with genetic material in developing cancer therapies, including risks, benefits, and ethical.

Source: <http://productsherbal.com>