

How About An Asthma Home Remedy For Your Asthma Cure

Before modern medicine was invented, asthma cures were often experienced using diet supplements that over the years have become well known Asthma home remedies. An asthma home remedy was often used to treat asthmatics, and some of the remedies proved to be quite effective. Below are 5 easy to get a hold of, diet supplements for you to use and maybe you will find the perfect Asthma home remedy that suits you, and maybe give you that welcome asthma cure you've been looking for. All of the diet supplements have all been tried and tested over a number of years, but you should remember that if you are using any type of asthma home remedy to find that elusive asthma cure, your prescribed medications should never be discontinued unless on the advice of your doctor. Honey is said to be a very efficient asthma home remedy in its treatment of the condition. The aroma from a jar of honey if held under the nose of an asthmatic is supposed to be an effective aid to easier breathing for a couple of hours. Honey can also be eaten or mixed with milk or water and drunk. Apparently it is supposed to assist in the removal of mucous from the respiratory airways which creates a welcome asthma cure for the sufferer. Garlic is another asthma home remedy that is supposed to be an excellent choice in the treatment of the condition. The garlic being boiled in milk and drunk within the early stages of an asthma attack provides an excellent asthma cure. Ginger Tea - Hot ginger tea mixed with crushed garlic can be taken twice daily as an asthma home remedy, may provide your asthma cure and eventually your asthma may get under control. Turmeric is considered to be a valuable asthma home remedy in the treatment of the condition. A teaspoon of turmeric powder mixed into a glass of milk, and drunk twice a day, is considered to be a very effective asthma cure. Mustard Oil, used as an asthma home remedy, and applied as massage oil (not drunk); it can be mixed with camphor and rubbed on the chest of the person who has asthma. It could become that welcome asthma cure by easing breathing as it loosens the phlegm on the chest.

About the Author

Ex post antitrust remedies, such as fines or compensation. A more useful remedy for predatory pricing is an appropriate price floor for the affected.

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