

## Natural Skin Care Solutions That Works!

Natural skin care solutions may seem hard to find, or too overwhelming to decide which is best for your skin. You wander the aisles trying to figure out which ones are a real skin care solution. You try cucumbers or tea bags over your eyes, and other recipes and advice from friends, but none of their skin care solutions are working for you. No need to fret! Here are 3 easy solutions for you: 1. A mixture of lavender, German chamomile, frankincense, wheat germ, grape seed, jojoba and olive oils can make great skin care for your face. It can reduce or help prevent wrinkles. You can also use these oils to create your own body oils and lotions. The best thing about natural skin care is you get to customize it just for you! 2. For exfoliation, you can use any of the oils mentioned above, or others that you enjoy and mix with a salt scrub. Use this to exfoliate your skin for soothing and relaxing, natural skin care solution. 3. Some perfumes can aggravate your skin, giving you unsightly rashes and even affect your allergies. This happens because of the chemicals used in most manufactured perfumes. You can create your own natural perfumes with a jojoba oil base and various blends of essential oils. Mix and match, experiment to create a natural perfume that you enjoy. Essential oils are excellent for the creation of your own natural skin care uses. It's also fun to make your own natural skin care solutions using different oils and bases! Have fun while taking care of your skin with products that you know what ingredients are being put in it. You can take control of your skin care with your own natural skin care solutions!

## About the Author

We can create new jobs, restore our environment, and promote social stability. The solutions are creative, practical, and profitable.

Source: <http://productsherbal.com>